

DESIGNING YOUR LIFE

VIRTUAL LAB



Designing Your Life is open to anyone looking to generate ideas about what they want to do next. No skills are required, and the only prerequisite to attend is a genuine curiosity to try new things!



The DYL virtual lab is a 4-part, hands-on, collaborative, and interactive coaching series.



Flexible on start date. Four appointments, spread over 6 weeks



The lab is conducted 100% online. All materials will be distributed to your email, and coaching sessions will be held via Microsoft Teams.



*To sign-up, click [here](#)

*For more information, contact:

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